

A group of baseball players in blue and red uniforms are celebrating on a field. In the foreground, a player in a blue jersey and cap is smiling and raising his fist. Behind him, other players in blue and red are also celebrating, with some raising their hands. The background shows a dirt field and a grassy area.

TEAM PRICING

Pro Motions offers a customized intensive team training program available for High School Baseball and Softball including Freshman, JV and Varsity.

In addition to High School, we also specialize in training for town PAL programs, Recreation programs, Travel Baseball and Softball Teams, Club Teams and all levels of play and ages.

Pro Motions can customize a complete training program for your team including strength, speed, agility and explosive training.

Call for pricing.