

TRAINERS



BRAD LISTORTI

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Coach Brad was a four-year letter winner at Notre Dame of West Haven High School, excelling in both Football and Basketball and was awarded All State honors. Brad spent time with the Atlanta Falcons, New York Jets, and New England Patriots organizations working under their top level strength and conditioning coaches. In addition to the NFL, Brad has trained with some of the top athletes in the tri-state area over the past few years, helping them reach success at the high school and college level. Brad has also served as a volunteer at various Walter Camp Football Foundation Events and Clinics and the Future Star Basketball Academy Camps.



